

# Backgrounder



- Donor families in Thunder Bay have been invited to place rocks engraved with the names of their loved ones in the Garden of Life at Thunder Bay Regional Health Sciences Centre.
- The Garden of Life is intended to commemorate the gift of life that organ and tissue donors and their families have provided to those on the waiting list.
- Thunder Bay Regional Health Sciences Centre generously donated the inner courtyard five years ago for the Garden of Life. A group of volunteers works to maintain the Garden.
- One organ donor can save up to 8 lives and enhance the lives of up to 75 others through tissue donation.
- Everyone is a potential organ and tissue donor, regardless of his/her age. To date, the oldest Canadian organ donor was over 90 years of age while the oldest tissue donor was 102 years old.
- The organs and tissue that can be donated include: heart, liver, kidneys, pancreas, lungs, small bowel, stomach, corneas, heart valves, bone and skin.
- You can register your donation decision by visiting your local Service Ontario Health Card Services – OHIP office or Outreach Site where you renew your health card. You can also register by downloading and filling out a Gift of Life Consent Form from [www.giftoflife.on.ca](http://www.giftoflife.on.ca) and mailing it to the address on the form.
- If you've already signed your donor card, please also register your consent and talk to your family about your decision.

For more details on Trillium Gift of Life Network, please visit our website at [www.giftoflife.on.ca](http://www.giftoflife.on.ca).

You can also call 416-363-4001 or toll free 1-800-263-2833.